## Mother's Day Special A Day of Soothing Self-Help

Just for Mother's Day, SUSI WOLF, a counselor and EFT-Tapping practitioner, is offering a *discounted one hour EFT-Tapping session*. Through this session, you'll:

- rapidly reduce the emotional impact of memories and incidents that trigger emotional distress;
- rebalance your body and your energy; and
- accelerate healing of unresolved maternal issues that may be affecting you and your other life relationships.

EFT-Tapping is a safe, easy, and effective self-help technique that is widely accepted. Simply, you tap with your fingertips on various energy centers of the body as you tune in to any negative or stressful emotions you may have. Usually relief comes quickly.

Susi Wolf, CMLC, CPC

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Call today for information and to schedule a booking!

One Hour Session—Discounted To \$60

